KA-Consultants Ltd.
Do you have the drive to learn?
QuickFix
ENGLISH REFERENCE SHEET

BEGINNERS · BG49 · ENTRY 1

Right Now: I am eating

Say what people are doing now: I am eating. She is reading.

Supports Adult ESOL and Functional Skills English · Entry 1

In this sheet you will

- say what you are doing now: I'm cooking.
- say what other people are doing: He's reading. They're playing.
- ask: What are you doing?

Next sheet: BG50 Yesterday, Today and Tomorrow

About this series

Free, practical English worksheets for adult learners, in class or at home. Practise speaking, listening, reading and writing through everyday situations.

Our philosophy

We help you understand, practise and grow in confidence.

Find more sheets for beginners

Scan the QR code, or go to **www.ka-consultants.com/quickfix** and choose Beginners.

Text, design and illustrations © 2026 Keystone Academic Consultants Limited. Free for educational use. Teachers may print and share this worksheet unchanged with learners. Please keep the Keystone attribution and share the link to the original resource.

Updated November 2026

LEARN Right now



Imran is **cooking**.
Ayesha is **reading**.
Zain is **doing** his homework.
Hira is **drawing**.

I	**am (I'm)**	eating.
He / She / It	**is (he's, she's)**	reading.
You / We / They	**are (we're, they're)**	playing.

Every day: I work in a shop. **Now:** I am eating my lunch.
Time words: now right now at the moment

LISTEN Sana is on the phone. What are they doing? Circle.

Teacher: *the script is in the teacher area. Audio: Quick Fix Listening, BG49.*

1	*Sana*	**cooking**	**reading**	**sleeping**
2	*Faisal*	**washing the car**	**watching TV**	**working**
3	*the children*	**playing**	**eating**	**drawing**
4	*Sana's mother*	**cooking**	**sleeping**	**reading**

SAY IT Listen and repeat. Then practise with a partner.

Ayesha Hi, Sana. **What are you doing?**
Sana **I'm cooking** dinner. What are you doing?
Ayesha **I'm waiting** for the bus.
Sana Where's Imran?
Ayesha **He's working** today.

Sound focus: Use the short forms when you speak: **I'm** **he's** **she's** **they're**.

Your turn. Mime an action. Your partner guesses. Change roles. **Are you cooking? No, I'm not. Are you swimming? Yes, I am!**

READ Read on your own first. Then answer.

Message from Ayesha

Hi Sana! It's Saturday afternoon.
I'm sitting in the garden.
Imran is washing the car.
Zain and Hira are playing football.
It's sunny and warm. What are you doing?

1. This text is ☐ a message ☐ a menu ☐ a form

2. What is Imran doing? He is _____.

3. True or false? Tick.

	True	False
a) Ayesha is sitting in the kitchen.	☐	☐
b) The children are playing football.	☐	☐
c) It is raining.	☐	☐

PRACTISE 1. Complete with am, is or are.

a) I _____ reading a book.
b) She _____ cooking dinner.
c) They _____ watching TV.
d) We _____ waiting for the bus.
e) He _____ working today.

2. Write the sentence. Use the word in brackets.

Example: *Ali (eat)* → **Ali is eating.**

a) Li Na (read) → _____
b) I (work) → _____
c) They (play) → _____
d) We (wait) → _____

USE IT It is Saturday morning. Write what you and your family are doing. Then tell your partner.

You can use made-up details.

I am _____.

My _____ is _____.

I CAN Tick Yes or Not yet.

I can say what I am doing now.	Yes	Not yet
I can say what other people are doing.	Yes	Not yet
I can ask: What are you doing?	Yes	Not yet