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QuickFix
ENGLISH REFERENCE SHEET

BEGINNERS · BG29 · ENTRY 1

Health and the Body

Name parts of the body and say what is wrong.

Supports Adult ESOL and Functional Skills English · Entry 1

In this sheet you will

- name parts of the body
- say what is wrong: I've got a headache.
- ask for help at a pharmacy and write a note

Next sheet: BG30 My Community: Places in Town and Directions

About this series

Free, practical English worksheets for adult learners, in class or at home. Practise speaking, listening, reading and writing through everyday situations.

Our philosophy

We help you understand, practise and grow in confidence.

Find more sheets for beginners

Scan the QR code, or go to **www.ka-consultants.com/quickfix** and choose Beginners.

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LEARN What's the matter? I've got ...

 a headache	 a stomach ache	 toothache	 a sore throat
 a cough	 a temperature	 backache	

What's the matter? **I've got a headache.** **My head hurts.**

I've got = I have got

LISTEN Listen. Circle the problem.

Teacher: *the script is in the teacher area. Audio: Quick Fix Listening, BG29.*

1	a cough	a sore throat	a headache
2	toothache	backache	a temperature
3	a stomach ache	a cough	toothache
4	a temperature	a headache	backache

SAY IT Listen and repeat. Then practise with a partner.



Tom Hello. Can I help you?

Sana Yes, please. I've got **a sore throat**.

Tom I'm the pharmacy assistant. Please speak to the pharmacist.

Sana OK. Thank you for your help.

Your turn. Choose a problem from page 2. Ask for help at the pharmacy. Change roles.
Can you help me, please? I've got ...

READ Read Joseph's note to his teacher.

Dear Ms Patel,

I am sorry, but I can't come to class today. I've got a bad cough and a temperature. I have got a doctor's appointment at 11 o'clock this morning. I hope I can come back to college on Thursday.

Thank you,

Joseph Mwangi

1. This text is ☐ an advert ☐ a note ☐ a menu

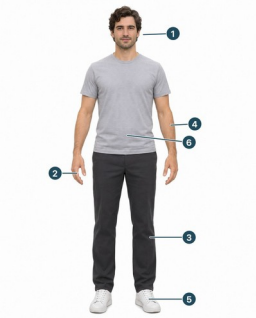
2. What is the matter with Joseph? He has got _____ and _____.

3. True or false? Tick.

	True	False
a) Joseph is at college today.	☐	☐
b) The doctor's appointment is at 11 o'clock.	☐	☐
c) Joseph wants to come back on Thursday.	☐	☐

PRACTISE 1. Label the body. Use the words in the box.

head arm hand stomach leg foot



1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

2. Complete the sentences.

toothache · a headache · a sore throat · a stomach ache

a) My tooth hurts. I've got _____.
b) My head hurts. I've got _____.
c) My throat hurts. I've got _____.
d) My stomach hurts. I've got _____.

USE IT You can't come to class. Write a note. (Made-up details are fine.)

Dear _____,
I can't come to class today. I've got _____.
Thank you, _____

I CAN Tick Yes or Not yet.

I can name parts of the body.	Yes	Not yet
I can say what is wrong.	Yes	Not yet
I can ask for help at a pharmacy.	Yes	Not yet
I can write a short note to my teacher.	Yes	Not yet