KA-Consultants Ltd.
Do you have the drive to learn?
QuickFix
ENGLISH REFERENCE SHEET

BEGINNERS · BG36 · ENTRY 1

Talking About What I Like: Music, Hobbies and Food

Talk about hobbies, music and food, and say why you like them.

Supports Adult ESOL and Functional Skills English · Entry 1

In this sheet you will

- name free-time activities: cook, swim, read, paint
- say: I like cooking. I don't like swimming.
- give a reason with because, and read about a learner

Next sheet: BG37 Inviting and Offering: Yes, please and No, thank you

About this series

Free, practical English worksheets for adult learners, in class or at home. Practise speaking, listening, reading and writing through everyday situations.

Our philosophy

We help you understand, practise and grow in confidence.

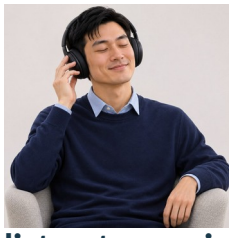
Find more sheets for beginners

Scan the QR code, or go to **www.ka-consultants.com/quickfix** and choose Beginners.

Text, design and illustrations © 2026 Keystone Academic Consultants Limited. Free for educational use. Teachers may print and share this worksheet unchanged with learners. Please keep the Keystone attribution and share the link to the original resource.

Updated November 2026

LEARN Free-time activities

 play football	 cook	 read	 swim
 listen to music	 do the gardening	 sew	 paint

cook → I like **cooking**. swim → I don't like **swimming**.
I like reading **because** it is relaxing. **I love** music.

LISTEN Listen. Write what they like and don't like.

Teacher: *the script is in the teacher area. Audio: Quick Fix Listening, BG36.*

	likes	doesn't like
Faisal	_____	_____
Li Na	_____	_____
Wei	_____	_____

SAY IT Listen and repeat. Then practise with a partner.

Marco What do you like doing at the weekend?

Mariam I like **painting**. I paint every Saturday.

Marco Do you like music?

Mariam Yes, I do. I love music **because** it is fun. What about you?

Marco I like **swimming**. I don't like **football**.

Sound focus: Short answers: **Yes, I do.** **No, I don't.** Say do and don't clearly.

Your turn. Ask your partner about hobbies, music and food. Answer in full sentences with because. Change roles. **What do you like doing? I like … because …**

READ Read on your own first. Then answer.

Oak Road College Magazine: Meet our learners

Mariam is from Jordan. She lives in Bolton with her husband, Omar.

She loves painting. She paints on Saturday morning. She likes art because it is relaxing.

She also likes cooking. Her favourite food is rice with chicken.

She doesn't like football. She thinks it is boring!

1. **This text is** ☐ a menu ☐ a magazine article ☐ a sign
2. When does Mariam paint? On _____.
3. Why does she like art? Because it is _____.
4. **True or false? Tick.**

	True	False
a) Mariam lives in Jordan.	☐	☐
b) She likes cooking.	☐	☐
c) She thinks football is boring.	☐	☐

PRACTISE 1. Look. Write the activity. Use the words in the box.

gardening listening to music swimming sewing

			
_____	_____	_____	_____

2. Complete with because. Write a reason.

a) I like cooking because _____.

b) I don't like swimming because _____.

c) I love music because _____.

USE IT Write about what you like. Then tell your partner.

My hobby is _____.

I like _____ music because _____.

My favourite food is _____.

I don't like _____.

I CAN Tick Yes or Not yet.

I can name free-time activities.	Yes	Not yet
I can say what I like and don't like.	Yes	Not yet
I can give a reason with because.	Yes	Not yet