KA-Consultants Ltd.
Do you have the drive to learn?
QuickFix
ENGLISH REFERENCE SHEET

BEGINNERS · BG2 · PRE-ENTRY

Days of the Week

Say, read and write the 7 days.

Supports Adult ESOL · Pre-entry

In this sheet you will

- say the 7 days of the week
- ask and answer: What day is it today?
- read and write the days

Next sheet: BG3 Colours

About this series

Free, practical English worksheets for adult learners, in class or at home. Practise speaking, listening, reading and writing through everyday situations.

Our philosophy

We help you understand, practise and grow in confidence.

Find more sheets for beginners

Scan the QR code, or go to **www.ka-consultants.com/quickfix** and choose Beginners.

Free for educational use. Teachers may print and share this worksheet unchanged with learners. Please keep the Keystone attribution and share the link to the original resource.

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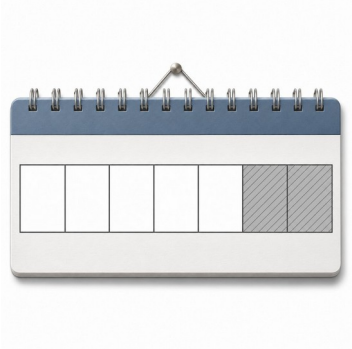
LEARN The 7 days of the week



Monday	● ●	*weekday*
Tuesday	● ●	*weekday*
Wednesday	● ●	*weekday*
Thursday	● ●	*weekday*
Friday	● ●	*weekday*
Saturday	● ● ●	*weekend*
Sunday	● ●	*weekend*

● = one clap. Clap the beats as you say each day.

Start each day name with a capital letter: **Monday** not monday

LISTEN Listen to your teacher. Circle the day.

Teacher: *the script is in the teacher area. Audio: Quick Fix Listening, BG2.*

1	Monday	Friday	Sunday
2	Tuesday	Thursday	Saturday
3	Wednesday	Monday	Friday
4	Sunday	Saturday	Tuesday

SAY IT Say the days. Then ask your partner.



A What day is it today?
B Today is **Monday**.
A What day is it tomorrow?
B Tomorrow is **Tuesday**.

Your turn. Ask your partner: **What day is it today?** Answer in a full sentence: **Today is …**

READ Read about Asma.



My name is Asma.
I live in Manchester.
I go to college on Monday and Wednesday.
I go shopping on Saturday.
On Sunday I stay at home.

1. Where does Asma live?

She lives in _____.

2. What does Asma do on Saturday? Circle the picture.

 **college**	 **shopping**	 **at home**

PRACTISE Write the missing letter. Then write the day again.

M _ nday
Write it: _____

T _ esday
Write it: _____

Fr _ day
Write it: _____

S _ nday
Write it: _____

Find the 7 days. The words go across → Draw a line through each day.

M	O	N	D	A	Y	Q	T	R
X	F	R	I	D	A	Y	L	B
S	U	N	D	A	Y	P	K	E
H	T	U	E	S	D	A	Y	W
W	E	D	N	E	S	D	A	Y
T	H	U	R	S	D	A	Y	K
S	A	T	U	R	D	A	Y	J

USE IT Write about you. Then tell your partner.

Today is _____.

My English class is on _____.

No class? Write: I study English on …

I CAN Tick Yes or Not yet.

I can say the 7 days.	Yes	Not yet
I can ask: What day is it today?	Yes	Not yet
I can read and write the days.	Yes	Not yet